

YOUR Going Green NewsLETTER



The Treasure Basket Association
Prioritising Therapeutic Projects and Services

Become more environmentally friendly and resourceful in creativity.

WHY GOING GREEN IS A GOOD IDEA

The problem is our actions and lifestyles cause damage to nature. There are easy life changes we can make to preserve our natural resources.

WHAT CAN YOU ADD TO YOUR BASKET THIS SEASON

Add natural objects to your basket

- ✿ Walk, run or bike ride to your next big adventure
- ✿ Collect rain water for outside water play or to feed plants
- ✿ Learn about community resources such as libraries and find items for your basket over purchasing new
- ✿ Organise a litter pick with a group of friends. Ask a responsible adult to supervise.



Add recycling items to your basket

- ✿ Bubble wrap or brown paper from parcels
- ✿ Bottle tops from milk, squash or water
- ✿ Celebratory birthday and Christmas cards



Create Games

- ✿ Make a music or busy board by attaching unused household objects to wood. *Adult support needed*
- ✿ Be creative with boxes and see what an old shoe boxes can turn into
- ✿ Use old saucepans and old kitchenware for outside mud play



Create an arrangement

- ✿ Design your own wrapping paper using recycled brown paper from parcels
- ✿ Donate to charity shops or textile recycling bins such as Worthing Community Chest who supports local projects and activities
- ✿ Photos don't have to be stuck in a photobook. You can use any book to create a frame for photos



Find your Space, Find the Time, Find your Creative