



The Treasure Basket Association

Prioritising Therapeutic Projects and Services

'Enabling Access to Play Therapy and Therapeutic Resources to support the emotional well-being of children and families in the community'

The Treasure Basket Association are passionate about supporting the emotional health of children and families. Working across Worthing, Littlehampton and Bognor our mission is to increase access to Play Therapy and therapeutic resources for children 4-11 years old. Our work helps create clarity and calm for many children experiencing emotional distress. Our service works therapeutically on a one-to-one basis, in small groups with children and with parents and families.

"We believe all children experiencing emotional distress should have fast direct access to emotional support".

Research has proven that children can learn to manage and overcome emotional and behavioural difficulties through play therapy and our history supports this further. Our work helps children to live their full potential socially, academically and physically and draws families closer together as they understand themselves and each other better. We came together for many reasons but mainly because budgets for schools have become increasingly restrictive and, therefore, Play Therapy support for children has suffered.

Mental health Statistic in the UK

- 1 in 4 adults are currently experiencing a mental health problem
- 1 in 5 children are living with emotional distress
- 50% of long term mental health problems are established by age 14 and 75% by age 24
- 68% of women and 57% of men with a mental health problem are parents

Referrals are placed through the school. To access our service please talk with your school and together we can take steps forward to get the right support for your child.



A huge thank you to many of our supporters including West Sussex County Council, Post Code Lottery, Sussex Community Foundation and to the Seedbed Foundation for believing in us from the start.



CASE STUDY..

'Tommy struggled at school and he was frequently sent home. It took two and a half years for his family to get a medical diagnoses and during this time he was frequently restrained. Tommy was referred to Play Therapy as he was on the verge of exclusion from school. During the time together Tommy and his therapist worked on managing boundaries and working out a way of dealing with difficult situations. Tommy enjoyed his sessions and there was a noticeable improvement to his aggressive behaviour at school and at home. With an end total of twenty sessions Tommy came away with a belly full of good feeling. He went from being physically restrained at school, hurting other children, trashing the classroom, hurting his teachers, disengaging from learning and unable to make friends. He is now managing very well and academically thriving. He is achieving well above expectations, so much so that he has now been offered a scholarship. He still has difficult moments but he has built a relationship with friends and teachers so he can ask for the support he needs'.

Testimonies so far....

'It's fun, I like being creative. The Newsletters and idea sheets are really fun. It relaxes me and takes my mind off stuff' Children from Cohort 2 Treasure Basket Project

'Over the years the money available for therapeutic support has diminished but the need has grown. At least 10% of all classes require emotional support at some point during their Primary school journey' Concerned Primary School Teacher

'The children's faces light up when they get their materials. One girl took the materials and made me a Thank You card!' Reflection from a Teacher handing out the Treasure Baskets



Contact info:

- 🌐 www.treasurebasketassociation.co.uk
- 📘 [Fb.com/thetreasurebasketassociation](https://www.facebook.com/thetreasurebasketassociation)
- ✉ info@treasurebasketassociation.com

TOGETHER WE CAN HELP SUPPORT ACCESS TO PLAY THERAPY FOR ALL

Support Us:

https://www.justgiving.com/crowdfunding/treasure-basket?utm_id=2&utm_term=74kQ5kqDD

Or volunteer for Us:

- Can you knit and help us to give every child a knitted bear?
- Would you enter a sponsored event to support us?
- Are you able to volunteer your time to help us raise these essential funds?

There are plenty of opportunities here at The Treasure Basket Association. We are always available to chat and open to ideas and new ways to support this much needed cause.